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We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Mark Ebdon or the church wardens .

**Chingford Hatch Day 2017**—inaugural meeting on **Thursday, 9th, at 8.00pm** in the Vestry—all welcome.

**Please don't forget 'Eat or Heat'** and the collecting box for food and essential items at the back of the church during this cold weather. Thank you.

**Study Prayer group 11.30 & 20.00** begin again this week this Wednesday, the 8th February.

**The new coffee rotas and flower rotas** for the year ahead are at the back of church. New volunteers will be most welcome!

FOR OUR PRAYERS:

**Sick and wanting prayer;** Fred & Joan Banks, Valerie Black, Dorothy Bulled, Claire Connelly, Joshua Edmunds, Vera Humphreys, Jill Rooke-Matthews, Pamela Finbow, Nargis Gill, Riaz Gill, Siddique Gill, Russell House, Mussarat Joseph, Nargiss Khan, Khanya, Oliver Lee, Amanda Lofting, Anum Mall, Saba Mall, Sohail Mall, Rahat Munir, Valerie Muscutt, Joan Pinder, Barbara Smith, Sheila Treadwell, Elena Utton, Pauline Warner, Gordon Wilkinson, John Wood, David Peter, Frederick Bullock, Linda Smith-Pryor, Jenny Howland.

**Anniversaries for February:** 2nd George Radford, 3rd Emily Brewis, 5th Gladys Travis, 6th Walter Rolfe, 17th Ted Bulled, 20th William Sherman, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, 26th Gladys Gloyn, Kenneth Gwynn, 27th Lillian Bates. 28th Teresa Carroll.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*



**Parish Church of St. Anne Chingford**

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)



**4th Sunday before Lent—5th February 2017**

**Parish Eucharist 10.00**

- Sidesmen:** Velma Davis, Margaret Halford, Rosalind Tatam  
**Servers:** Lindsey Archer, Miles & Isaac Denis  
**Chalice:** Beryl Stratton, Anthony Sullivan  
**Lessons:** Claire Fullerton  
**Prayers:** Mick Scotchmer  
**Preacher:** Tina Rollings  
**Celebrant:** Jude Bullock  
**Music:** Peter Stannard  
**Hymns:**

- 198 For the healing of the nations  
 79 Blest are the pure in heart  
 91 Brother, sister let me serve you  
 755 This is my body  
 479 Lord the light of your love

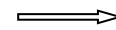
**Order of Service**

- Option 1  
 Eucharistic prayer E



*A warm welcome to Rev Tina Rollings who will preach for us today.*

**This week**



<b>Wednesday 8th Feb</b>	<b>11.30</b>	<b>Study Prayer Group</b>
	<b>20.00</b>	<b>Study Prayer Group</b>
<b>Thursday 9th Feb</b>	<b>14.00</b>	<b>Service of Healing and Wholeness</b>
<b>Friday 10th Feb</b>	<b>10.00</b>	<b>Holy Communion</b>
<b>Sunday 12th Feb</b>	<b>10.00</b>	<b>Parish Eucharist</b>

**St. Anne's welcome form**

Name \_\_\_\_\_  
 Phone no. \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Address \_\_\_\_\_

You are very welcome here at St. Anne's. If you would like us to keep in touch with you or you are not on the electoral roll please fill in this form and hand it to the wardens, sidesmen or the vicar

## Collect

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Old Testament Reading

1 Alleluia.  
Blessed are those who fear the Lord  
and have great delight in his commandments.  
2 Their descendants will be mighty in the land,  
a generation of the faithful that will be blest.  
3 Wealth and riches will be in their house,  
and their righteousness endures for ever.  
4 Light shines in the darkness for the upright;  
gracious and full of compassion are the righteous.  
5 It goes well with those who are generous in lending  
and order their affairs with justice,  
6 For they will never be shaken;  
the righteous will be held in everlasting remembrance.  
7 They will not be afraid of any evil tidings;  
their heart is steadfast, trusting in the Lord.  
8 Their heart is sustained and will not fear,  
until they see the downfall of their foes.  
9 They have given freely to the poor;  
their righteousness stands fast for ever;  
their head will be exalted with honour.  
This is the word of the Lord.  
All Thanks be to God.

## New Testament Reading

<sup>1</sup>When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. <sup>2</sup>For I decided to know nothing among you except Jesus Christ, and him crucified. <sup>3</sup>And I came to you in weakness and in fear and in much trembling.

## Post Communion

Go before us, Lord, in all we do  
with your most gracious favour,  
and guide us with your continual help,  
that in all our works  
begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy receive everlasting  
life;  
through Jesus Christ our Lord.

## Psalm 112.1-9

<sup>4</sup>My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, <sup>5</sup>so that your faith might rest not on human wisdom but on the power of God.

<sup>6</sup>Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. <sup>7</sup>**But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory.** <sup>8</sup>None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. <sup>9</sup>But, as it is written,

**'What no eye has seen, nor ear heard,**  
nor the human heart conceived,

**what God has prepared for those who love him' –**

<sup>10</sup>these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. <sup>11</sup>For what human being knows what is truly human except the **human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God.** <sup>12</sup>Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the word of the Lord.

All Thanks be to God.

## Gospel

## Matthew 5.13-20

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Jesus went up the mountain and was joined by his disciples. Then he began to teach them:

<sup>13</sup>**You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored?** It is no longer good for anything, but is thrown out and trampled under foot.

<sup>14</sup>You are the light of the world. A city built on a hill cannot be hidden. <sup>15</sup>No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup>In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

<sup>17</sup>Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. <sup>18</sup>For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. <sup>19</sup>Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup>For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom **of heaven.'**

This is the Gospel of the Lord.

All Praise to you, O Christ.